Health and Safety Update - April 2025

- Spring: when nature awakens, so do children's senses!
 - Need inspiration? Check out these <u>Creative Spring Activities for Preschoolers</u> to get kids and staff enjoying the health benefits of fresh air with fun spring-themed ideas like bugs, weather, rainbows, and gardening.
- → This April, during Child Abuse Prevention Month, let's act to protect children: We can strengthen our communities by creating supportive environments for children, families and caregivers.
 - Access fact sheets, an <u>infographic</u>, podcasts, videos, toolkits and <u>information on mandated reporting and</u> local support at Prevent Child Abuse America
 - The <u>Child Welfare Information Gateway</u> offers information on <u>trauma-informed practice</u> and the <u>long term</u> consequences of child abuse and neglect
 - The <u>PA Parent and Family Alliance</u> provides free, one-on-one parent peer support services throughout Pennsylvania, along with tip sheets, webinars and podcasts.
 - PA 211: This comprehensive community resource offers 24/7 access to health, housing, and human services information.
 - Awareness is a powerful tool to prevent abuse. The Pennsylvania Family Support Alliance offers free
 <u>Mandated Reporter</u> training, a <u>community resource</u> directory by region, and a wealth of other information.
 Find the complete list of approved training for child care providers <u>here</u>.
 - View the 2023 CPS Report for the latest data from Pennsylvania
- ◆ Measles is back in the news with a vengeance: Measles is preventable through vaccination. It is highly contagious and can live for up to 2 hours in an airspace after an infected person leaves an area. See the CDC website: How Measles Spreads | Measles (Rubeola) | CDC)
 - <u>Information on MMR vaccines</u> "What You Need to Know" is available at HealthyChildren.org, along with a helpful guide on <u>Protecting your Baby From a Measles Outbreak: FAQs</u>
 - Know the Facts about Vitamin A, <u>Can vitamin A prevent or cure measles?</u>
- ❖ April is Autism Awareness Month, a time to raise awareness about <u>Autism Spectrum Disorder (ASD)</u>. ASD encompasses a wide range of conditions that impact social interactions, communication, and behavior, including challenges with speech, nonverbal cues, and repetitive actions. Symptoms typically emerge in early childhood, often before the age of three, and can vary significantly in severity.
 - See the U.S. Centers for Disease Control and Prevention (CDC) <u>Autism Acceptance Month Partner Toolkit</u>, important information on <u>Early Intervention</u>
 - Fact Sheet: Support Infant and Toddler Early Intervention in Pennsylvania: <u>Thriving-PA-EI-Fact-Sheet-March-2025-ONLINE.pdf</u>
 - The American Autism Association has wonderful Information Kits to share
 - ECE providers are often the first to have concerns, see the CDC's ECE program specific <u>Learn the Signs. Act Early.</u>, including <u>Tips For Talking With Parents About Developmental Concerns</u> and a FREE 1-hour online training, <u>Watch Me! Celebrating Milestones and Sharing Concerns</u>.
- ♦ National Infant Immunization Week (NIIW) is April 21st-28th: Families have questions, share these resource from the CDC: Reasons to Vaccinate to addresses common concerns surrounding baby's immune systems, vaccine ingredients, vaccine safety, and side effects, and Diseases that Vaccines Help Protect Against.
 - Share this CHOP <u>Printable Vaccine Timetable</u> and view the Vaccines and Your Baby Booklets, both are available in English and Spanish



Early Childhood Education Linkage System