

# ECELS

## Self-Learning Modules

Professional development credit is awarded after satisfactory



**Modules with audiovisuals you must return to ECELS within 10 working days**

★ **Are We There Yet? K7 C2 76 (2 hrs)**

Learn about car seats, seat belts, planning field trips, preparing for emergencies and educating staff, parents, and children about transportation safety. Keep print materials from the National Highway Safety Administration and the national American Academy of Pediatrics. Submit a car seat installation form. (ECERS-ITERS: Personal Care Routines)

★ **Food Allergy K7 C2 84 (2 hrs)** REVISED 2008

Using the Food Allergy Network's training and program improvement kit, practitioners & children can learn about food allergies. Two videos: one for practitioners and one for children. (ECERS-ITERS: Personal Care Routines)

★ **Food for Thinkers K7 C2 79 (2 hrs)**

Learn how to create a nutritious menu in an early learning program by viewing a video on menu planning. Develop a nutritious one week menu and evaluate the menu according to Child and adult Care Food Program (CACFP) Guidelines. (ECERS-ITERS: Personal Care Routines)

## Available Online

To download the online modules and for future updates, visit [www.ecels-healthychildcarepa.org](http://www.ecels-healthychildcarepa.org)

- Asthma
- Child Abuse and Neglect: Prevention, Recognition and Reporting Recommendations for Practitioners
- Easing the Burden of Managing Child Health Records
- Environmental Health
- Family Child Care
- Food Allergy
- Immunization
- Infants and Toddlers: Tips for Providing Quality Care
- Keeping Safe While Touching Blood or Other Body Fluids
- Oral Health Promotion
- Reducing the Risk of Sudden Infant Death Syndrome (SIDS)
- Safe Active Play

★ **Asthma K7 C2 84 (2 hrs)**

Asthma is one of the most common chronic illnesses of childhood. Learn about asthma and how practitioners can take care of young children who have the disease. Includes easy-to-understand print materials and corresponding video or DVD about asthma. (ECERS-ITERS: Program Structure, Personal Care Routines)

★ **Environmental Health K7 C2 84 (2 hrs)**

Learn about common environmental health risks for children including lead, pesticides, air pollution, and drinking water pollution. Module uses the California Child Care Health Program Environmental Health Module. Includes strategies to address environmental health risks in early learning programs, information for families, and other resources. (ECERS-ITERS: Space and Furnishings)

★ **Family Child Care Health & Safety K7 C2 84 (2 hrs)**

REVISED 2008

For Home-based practitioners only. Inspect your home using a checklist related to *Caring for Our Children: National Health and Safety Performance Standards* and FCCERS-R criteria. Submit plans for improvement for any hazards that need correction. (FCCERS-R)

**Health Consultation K7 C3 84 or K8 C3 98 (3 hrs; 3 CME or .3 CEU credits from the University of Pittsburgh)**

Early learning program directors or health professionals will view content from the 5 part video series, *Health & Safety Consultation in Child Care*. Request the video series or a two DVD set that includes the video content as well as electronic (pdf) copies of many helpful forms and documents (including *Caring for Our Children: National Health & Safety Performance Standards* and *Model Child Care Health Policies*). Content and learning activities include: national resources, making observations for health and safety, child care culture, adult learning principles, and making health and safety improvement plans. (ECERS-ITERS: Space and Furnishings, Personal Care Routines, Program Structure, Parents and Staff)

★ **Immunization K7 C2 78 (2 hrs)**

Learn how to check immunization records for children in your care. Learn about vaccines on the website of the Vaccine Education Center of The Children's Hospital of Philadelphia. Link to the website of the National Immunization Program of the Centers for Diseases Control and Prevention (CDC). Submit your answers to questions about what you learned with your evaluation of vaccine records for at least 5 children in your care. (ECERS-ITERS: info pending)

★ **Oral Health Promotion K7 C1 77 (2 hrs)**

REVISED 2008

Learn how to promote oral health in an early learning program. Includes curriculum ideas, website resources and guidelines for implementing daily toothbrushing. Includes reproducible fact sheets for families. (ECERS-ITERS: Personal Care Routines)





**Modules with audiovisuals & print materials you can keep and use again**

video of early learning settings to identify strengths and areas to improve in infant/toddler care. (ITERS: Space & Furnishings, Personal Care Routines, Activities)

★ **Sun Safety K7 C2 84 (2hrs)**

Teach children how to protect themselves from overexposure to sunlight. Includes curriculum ideas and resources. (ECERS-ITERS: Personal Care Routines)

★ **Keeping Safe While Touching Blood or Other Body Fluids K7 C3 84 (2 hrs)**

Special practices are needed to protect practitioners and children from contact with blood or other potentially infectious body fluids. Learn how to comply with Occupational Safety & Health Administration (OSHA) requirements. Includes a sample Bloodborne Pathogens Exposure Control Plan you can use by filling in the blanks, then receive credit. (ECERS-ITERS: Personal Care Routines)



**Modules with print materials you can keep and use again**

★ **Managing Challenging Behavior in School-Age Children K7 C2 84 (1 hr)**

Review examples in a written presentation describing school-age children with challenging behavior and the tools recommended to sort out the motive behind such behavior. After understanding their motives, practitioners can give children socially acceptable alternatives to their challenging behavior. (ECERS-ITERS: Interaction)

★ **Easing the Burden of Managing Child Health Records K7 C3 78 or K8 C3 91 (2 hrs)**

Online credit is for directors and administrative staff who are new users (subscribers) of WellCare Tracker™ Internet application software, available from ECELS. Module involves working with user-friendly technology in your program to identify and track gaps in required preventive health services and immunizations for children in your program. WellCare Tracker™ determines which immunizations and/or services are up-to-date, currently due, or overdue. (ECERS-ITERS: Personal Care Routines, Program Structure)

★ **Model Child Care Health Policies K7 C3 76 (3 hrs)**

Develop customized health/safety policies for your program. Use online copy of *Model Child Care Health Policies* with the program's current policies to complete and submit an updated set of program policies. (ECERS-ITERS: Program Structure)

★ **Reducing the Risk of Sudden Infant Death Syndrome (SIDS) K7 C2 84 (1 hr)**

Learn what you can do at your program to reduce the risk of SIDS. Includes AAP best practice to meet PA Child Care Facility Regulations. Uses a sample policy and handouts for families. (ITERS: Personal Care Routines)

★ **Teaching Preschoolers Injury Prevention K7 C3 84 (2 hrs)**

For center-based programs only. Use the National Fire Protection Association's (NFPA) *Risk Watch* lessons for pre-K and kindergarten children. Practitioners will teach injury prevention to young children and their families. Teacher's curriculum guide includes activities to address the 8 leading causes of injuries. Practitioners will need to purchase the teacher's guide directly from NFPA for \$85 plus shipping and handling to complete this module. (ECERS-ITERS: Personal Care Routines)

REVISED 2008

★ **Child Abuse and Neglect: Prevention, Recognition and Reporting Recommendations for Practitioners K7 C2 86 (2 hrs)**

Practitioners are mandated to report suspected child abuse and neglect. Learn about prevention efforts, recognize signs and symptoms of child abuse and neglect, and reporting requirements for mandated reporters. Develop/review your policy regarding child abuse and neglect. Meets STAR Level 2 Performance Standard for director's Child Abuse Mandated Reporter professional development. (ECERS-ITERS: Interaction, Parents and Staff)

REVISED 2008

★ **Common Illnesses K7 C2 84 (2 hrs)**

*Caring for Our Children: National Health & Safety Performance Standards and Managing Infectious Diseases in Child Care and Schools* are used as guides to teach practitioners and parents about common illnesses in early learning programs. Uses video/DVD. Programs not in Keystone STARS order SLM through ECELS. Programs in Keystone STARS must obtain this SLM after consulting with their STAR Specialist/Manager. (ECERS-ITERS: Personal Care Routines, Parents and Staff)

REVISED 2008

★ **Safe Active Play K7 C2 84 (2 hrs)**

Learn how to keep your indoor and outdoor active play areas safe. Uses Safe Active Play video/DVD and Dirty Dozen online activities to recognize hazards and a checklist based on current CPSC and ASTM guidelines to assess the areas where children play. (ECERS-ITERS: Space and Furnishings, Activities, Interaction)

★ **Second-Hand Smoke K7 C2 84 (2 hrs)**

Learn how to protect children from disease caused by second-hand smoke. Contains information and support materials to help smokers quit. Includes curriculum ideas and activities. (ECERS-ITERS: Personal Care Routines)

REVISED 2008

★ **Infants and Toddlers: Tips for Providing Quality Care K7 C2 84 (2 hrs)**

An overview of infant/toddler care that addresses health and safety practices that impact this vulnerable age group. Learn about the leading types of injuries, infection control strategies and the importance of nurturing care. View

★ **Meets STAR Level 2 Performance Standard for Health and Safety**

To order a self-learning module from ECELS: use our website [www.ecels-healthychildcarepa.org](http://www.ecels-healthychildcarepa.org), call 800/243-2357 (PA only), 484/446-3003, or email [ecels@paaap.org](mailto:ecels@paaap.org)